

THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA

Foundation for
Advancing
Family Medicine

Fondation pour
l'avancement de la
médecine familiale



Honours and Awards

2025 Program

**Celebrating Family Medicine Excellence,
Innovation, and Leadership**



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About the 2025 Honours and Awards Program

The Honours and Awards (H&A) Program is a joint program of the College of Family Physicians of Canada (CFPC) and the Foundation for Advancing Family Medicine (FAFM) made possible by generous donations, sponsorships, and investment income earned on endowed funds.

Committed to fostering a vibrant future for family medicine, the H&A Program supports and celebrates innovation through research, educational initiatives, and strategic partnerships. Its programs assist CFPC members with research grants, scholarships, and awards to recognize outstanding members and their accomplishments.

By celebrating the achievements of clinicians, educators, researchers, family medicine residents, and students,

this program strengthens the future of the profession and promotes excellence across the field.

Congratulations to all the award, grant, and scholarship recipients for 2025 listed in the program. Many of the recipients were able to attend and be recognized during Family Medicine Forum in Winnipeg, Manitoba.

The CFPC and FAFM thank the Canadian Medical Association, MD Financial Management Inc., and Scotiabank for their generous support of the Awards Gala and Together 2025 events; the awards, grants, and scholarships; and their firm commitment to supporting the family medicine profession and advancing health in Canada.

Message from



**Michael Allan,
BSc, MD, CCFP, FCFP**
Executive Director and
Chief Executive Officer,
CFPC and FAFM



**Sarah Cook, MD, CCFP,
FCFP, CCPE, CHE**
President, CFPC

The CFPC honours family medicine doctors, family medicine residents, and medical students who have chosen this rewarding and challenging specialty. These individuals exemplify what it means to be a family doctor: providing exceptional care to patients and families, contributing to the health and well-being of communities, and acting as role models.

Congratulations to all the award winners and scholarship and grant recipients. Thank you for everything you do for family medicine. Because of your commitment and dedication, you are improving the lives of patients, families, and communities.

And patients have noticed.

Many Canadians would rather wait to see their family doctor than be served immediately by someone they don't know, with access to family doctors a top three priority. Your patients value you – and so does the CFPC, your professional home.

The CFPC is here for you, advocating for the things you have told us are important like increased remuneration, decreased administrative burden, and increased support for team-based care where family physicians play foundational roles.

The CFPC accredits residency training, strengthens educational standards, administers exams, and provides Certificates of Added Competence and continuing professional development opportunities that feed into the value of the Certification in the College of Family Physicians of Canada. This work by the CFPC helps our profession—and you—prosper.

We would like to extend our gratitude to the generosity of individuals and groups who understand and appreciate the immense contributions of family physicians to the health and well-being of everyone in Canada. We would also like to thank the CFPC Board, Chapters, the FAFM Board, various donors, award committees, and partners, and CFPC member volunteers who devoted their time and energy to making these award ceremonies possible to celebrate you.

Again, to our award, grant, and scholarship recipients, our heartfelt congratulations.

Message from



**Frank Martino,
MD, CCFP(EM), FCFP**
Chair, Board of the
Foundation for Advancing
Family Medicine

As Chair of the FAFM, it is my great pleasure to present the recipients of the 2025 H&A Program. The H&A Program celebrates the dedication, compassion, and excellence demonstrated by family physicians throughout every stage of their careers—whether they are students just beginning their journey, or experienced professionals in the late stages of practice. It provides a special opportunity for us to come together, support one another, inspire the ongoing advancement of family medicine, and celebrate significant accomplishments.

The FAFM is delighted to host this year's awards events with the CFPC. Family medicine is at the heart of our health care system, and the recipients recognized here have shown remarkable commitment to advancing the well-being of patients, communities, and the profession itself. Over the past year, family physicians have navigated challenges related to enhanced primary care delivery in all corners of our country while advocating for an increase in the availability of family physicians. As

champions of accessible primary care, your unwavering commitment to your patients' well-being has made a difference and is reinforcing the essential role of primary care in the health care continuum. The Foundation is proud to support these extraordinary individuals through this Program, which reflects our ongoing commitment to fostering excellence in family medicine. We look forward to continuing to support family physicians at every stage of their careers, helping them achieve their fullest potential and contribute to the strength of health care in Canada. Let us continue to lift and inspire one another as we push the boundaries of family medicine and advance care for the communities we serve.

To all the 2025 award recipients, a heartfelt congratulations. We are honoured to be able to recognize your achievements, and we look forward to seeing the lasting impact you will make in the years to come. Thank you for joining us in recognizing the power of family medicine!

Awards of Excellence



The Award of Excellence recognizes outstanding contributions in a specific area pertaining to the specialty of family medicine: patient care, community service, hospital or health care institutions, College activities (Chapters or the CFPC), teaching, and research or other elements of the academic discipline of family medicine.

Each Chapter of the CFPC acknowledges exceptional accomplishments and/or innovations pertaining to the specialty of family medicine by their members.

British Columbia

Dr. Anita Wong – Langley
Dr. Thuy-Nga Pham – Victoria
Dr. William Mak – Burnaby
Dr. Chelsea Hart – Creston
Dr. Patricia Jiang - Daajing Giids
Dr. Megan Ure – Cranbrook
Dr. Joanne Irwin – Vancouver
Dr. Rebekah Eatmon – Vancouver
Dr. Vincent Wong – Vancouver
Dr. David May - Powell River
Dr. Goldis Mitras - North Vancouver

Alberta

Dr. Amber Jorgensen – Camrose
Dr. Antonia Morris – Calgary
Dr. Jasneet Parmar – Edmonton
Dr. Omid Pour-ahmadi – Calgary
Dr. Lee Rehak - High River
Dr. Anthony Seto – Cochrane
Dr. Mehwish Warsi – Calgary

Saskatchewan

Dr. Taofiq Olusegun Oyedokun –
Saskatoon
Dr. Audrey Van Zanten – Saskatoon

Manitoba

Dr. Chaitasi Intwala – Winnipeg
Dr. Robert Obara – Winnipeg

Ontario

Dr. Jodie Stewart - Sault Ste. Marie
Dr. Kathryn Dorman – Toronto
Dr. Jamaica Cass – Kingston
Dr. Stephen Singh – Ancaster
Dr. Ting-Wai (Joyce) Cheung –
Toronto

Quebec

Dr. Douglass Dalton – Montreal
Dr. Philippe Karazivan - Trois-
Pistoles
Dr. Éric Lavoie – Montreal
Dr. Géraldine Layani – Montreal

New Brunswick

Dr. Marie-Josée Nadeau – Dieppe

Nova Scotia

Dr. Ash McCormick – Digby
Dr. Michele Saxon – Middleton

Prince Edward Island

Dr. Kaylee Murphy - Hunter River
Dr. Laura Neumann – Charlottetown
Dr. Megan Miller – Charlottetown

Newfoundland and Labrador

Dr. Annette McCarthy – Bay Bulls
Dr. Pamela Snow – St. John's

Early Career Development Awards



The **Early Career Development Award** recognizes the efforts of new family physician leaders of tomorrow for their outstanding contributions today. The recipients are CFPC members in active practice for five years or less, and exemplify leadership, innovation, initiative, and dedication.

The CFPC and FAFM thank TD Insurance for their generous support.



Dr. Jamaica Cass
Kingston, Ontario



Dr. Bernard Ho
Toronto, Ontario

Environmental Health Award



The Environmental Health Award is presented to a family physician who is a member of the CFPC and has demonstrated leadership in environmental health.

The CFPC and FAFM thank TD Insurance for their generous support.



Dr. Myles Sergeant
Lynden, Ontario





Family Physicians of the Year – the Reg L. Perkin Awards

The Family Physicians of the Year – Reg L. Perkin Awards—named in honour of Dr. Reg L. Perkin, Executive Director of the CFPC from 1985 to 1996—recognize outstanding CFPC family physician members who exemplify what it means to be a family doctor: providing exceptional care to patients and contributing to the health and well-being of their communities. These awards are based on peer nominations, by their fellow CFPC family physicians.

The CFPC and FAFM thank the Canadian Medical Association, MD Financial Management Inc., and Scotiabank for their generous support.



Dr. Danette Dawkin
Prince George,
British Columbia



Dr. Vesta Michelle Warren
Sundre, Alberta



Dr. Allan Fong
Regina, Saskatchewan



Dr. Ainslie Mihalchuk
Winnipeg, Manitoba



Dr. David Eisen
Toronto, Ontario



Dr. Stephen DiTommaso
Montreal, Quebec



Dr. Louis-Marie Gauthier
Shippagan,
New Brunswick



Dr. Timothy Holland
Halifax, Nova Scotia



Dr. Kristy Newson
Charlottetown,
Prince Edward Island



Dr. Lyn Power
Burin Bay Arm,
Newfoundland and Labrador



Dr. Gail Robson
Inuvik, Northwest Territories



Family Medicine Resident Scholarships

The Family Medicine Resident Scholarships recognize the leadership abilities of outstanding senior family medicine residents from each of the 17 Canadian family medicine residency programs.

The CFPC and FAFM thank the Canadian Medical Association, MD Financial Management Inc., and Scotiabank for their generous support.



Dr. Sarah Yassami
Vancouver,
British Columbia
University of British Columbia



Dr. Stephan Guscott
Edmonton, Alberta
University of Alberta



Dr. Pauwlina Cyca
Calgary, Alberta
University of Calgary



Dr. Avery Ironside
Prince Albert, Saskatchewan
University of Saskatchewan



Dr. Louise Osborne
Winnipeg, Manitoba
University of Manitoba



Dr. Joanna Walters
London, Ontario
Western University

Family Medicine Resident Scholarships



Dr. Jocelyne Beelen
Hamilton, Ontario
McMaster University



Dr. Emily Booth
Sudbury, Ontario
NOSM University



Dr. Ishan Aditya
Mississauga, Ontario
University of Toronto



Dr. Laura Wells
Kingston, Ontario
Queen's University



Dr. Gabrielle Ouellette
Ottawa, Ontario
University of Ottawa



Dr. Ariane Lamoureux
Roberval, Quebec
University of Sherbrooke

Family Medicine Resident Scholarships



Dr. Evelyne Prud'Homme
Montreal, Quebec
University of Montreal



Dr. Angela Salomon
Montreal, Quebec
McGill University



Dr. Jeanne Lavallée
Quebec, Quebec
Laval University



Dr. Brett Ells
Truro, Nova Scotia
Dalhousie University



Dr. Rebecca Squires
St. John's, Newfoundland
and Labrador
Memorial University of
Newfoundland

Indigenous Family Medicine Resident Scholarship

The Indigenous Family Medicine Resident Scholarship recognizes a top First Nations, Métis, or Inuit family medicine resident in Canada who has shown leadership and commitment to a career in family medicine.

The CFPC and FAFM thank the Canadian Medical Association, MD Financial Management Inc., and Scotiabank for their generous support.



Dr. Stacy McDermid
Thunder Bay, Ontario



Indigenous Medical Student Scholarship

The Indigenous Medical Student Scholarship recognizes a top First Nations, Métis, or Inuit medical student in Canada who has shown an interest in or commitment to a career in family medicine.

The CFPC and FAFM thank the Canadian Medical Association, MD Financial Management Inc., and Scotiabank for their generous support.



Kimberly Mitchell
Kincardine, Ontario



Medical Student Scholarships

The Medical Student Scholarships recognize outstanding medical students who have demonstrated an interest in or commitment to a career in family medicine. Each Canadian medical school is invited to nominate a medical student in their second-last undergraduate year of study at the time of nomination (graduating class of 2026).

The CFPC and FAFM thank the Canadian Medical Association, MD Financial Management Inc., and Scotiabank for their generous support.



Lindsay DeGraaf
Victoria, British Columbia
University of British Columbia



Ryane Fyith-McArthur
Lac La Biche, Alberta
University of Alberta



Alyssa Groves
Champion, Alberta
University of Calgary



Ananna Arna
Saskatoon, Saskatchewan
University of Saskatchewan



Harshvi Patel
Winnipeg, Manitoba
University of Manitoba



Emma McGinnis
Windsor, Ontario
Western University

Medical Student Scholarships



Alex Xiang
Toronto, Ontario
McMaster University



Claire Poulin
Atikokan, Ontario
NOSM University



Kanya Rajendra
Toronto, Ontario
University of Toronto



Jeremy Goh
Chilliwack, British Columbia
Queen's University



Trina Nguyen
Ottawa, Ontario
University of Ottawa



Nicholas Beaulieu
Chicoutimi, Quebec
University of Sherbrooke

Medical Student Scholarships



Noémie Grenon
Repentigny, Quebec
University of Montreal



Devon Ali Haseltine
Montreal, Quebec
McGill University



Noémie Leduc
Quebec, Quebec
Laval University



Victoria Lutes
Riverview, New Brunswick
Dalhousie University



Brianna Kean
Badger's Quay,
Newfoundland and Labrador
Memorial University of
Newfoundland

Racialized Communities Leadership Grant



The Racialized Communities Leadership Grant in Family Medicine supports family physicians in their efforts to enhance the delivery of primary care to racialized communities. The recipient demonstrates an understanding of the diverse experiences of marginalized groups and a dedication to inclusivity, thereby contributing to moving the field of family medicine forward in achieving true health equity. This grant aims to celebrate the recipient's focus and leadership, and support their project that will directly benefit one or more racialized communities.

The CFPC and FAFM thank the Canadian Medical Association, MD Financial Management Inc., and Scotiabank for their generous support.



Dr. Alanna Morgan
Sioux Lookout, Ontario

Project Name: Anishinaabewaadiziwin as the Heart of Primary Care Transformation in Sioux Lookout Area First Nations

