



# Partners

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*Be a partner. Share a vision.*

## HIGHLIGHTS

- ▶ Women's Health Scholarships
- ▶ Tax-free savings accounts – a smart concept for donors
- ▶ Sandra Hollingsworth – farewell and thank you!
- ▶ The REF's "Imagine if" campaign enters phase II
- ▶ Shhhhh – it's hard to keep quiet about the 2010 REF silent auction
- ▶ 6th Anniversary Walk for the Docs of Tomorrow

## Women's Health Scholarships

For almost a decade the Foundation for the Promotion of Sexual and Reproductive Health, an initiative of the Society of Obstetricians and Gynaecologists of Canada, has supported scholarships in Women's Health. These scholarships have benefitted members of the College of Family Physicians of Canada (CFPC) committed to enhancing their knowledge and skills to meet the needs of their communities.

Women's Health Scholarships have a powerful effect. They enabled Dr Avaleen Vopicka of London, Ont, to spend 20 half-day sessions in the Sexually Transmitted Infection Clinic at the Middlesex Health Unit. There she became skilled in using microscopy to aid in diagnosis. Dr Vopicka brought this skill back to the Family Planning Clinic where she works and has been teaching it to her colleagues, residents, and other members of her health care team.

Dr Suzanne Roberts of Saint John, New Brunswick, wanted to return to family practice obstetrics. Her scholarship allowed her to be on call with a family physician for 24 hours a few times a week for a 7-week period. During this time, she attended 36 deliveries, managed labour, and was able to determine when an obstetrical consultation was necessary. Dr Roberts now practises obstetrics with confidence and has become a member of a family practice maternity call group.

Dr Anthony Fong of Vancouver, BC, used his Women's Health Scholarship to become more aware of cross-cultural challenges in obstetrical care of Aboriginal populations. He has updated his skills in counseling during antenatal care, and these enhanced communications skills enable him to assess parents' knowledge and inform and reassure parents when appropriate.

There are many other success stories emerging from the Women's Health Scholarship

program. With the support of our partners and donors, our family doctors are making a difference in the lives of their patients.

## Tax-free savings accounts—a smart concept for donors

Since 2008, Canadians 18 years old and older have been able to contribute up to \$5000 each year to a tax-free savings account. While contributions are not tax deductible, investments and withdrawals can be made on a tax-free basis. How does this relate to charitable giving? You could consider setting up a tax-free savings account with a charity named as the beneficiary. As the savings grow, you can enjoy tax-free withdrawals to make donations and use the receipts to lower your annual income tax bill. When you pass away, the account closes and the balance is directed to your designated charity. This has the added benefit of reducing estate taxes and leaving a little something more for your loved ones.

## Sandra Hollingsworth—farewell and thank you!

Sandra Hollingsworth said goodbye to the CFPC's Research and Education Foundation (REF) following the REF's Board of Directors meeting in May, 2010. Sandra had been in her role as Development Manager since March 2003, a little more than 7 years.

During Sandra's tenure, she took the Walk for the Docs of Tomorrow from a small



sideline that raised about \$3000 in 2004 to a grand event that raised more than \$26 000 in 2009. She also introduced and made a great success of the REF silent auctions held during Family Medicine Forum. The first one in 2004 raised \$5800; the latest one in 2009 raised in excess of \$9000. Sandra was successful in attracting corporate sponsorships and building wonderful relationships with REF donors and the medical students who volunteer to help with the walk and silent auction.

Many of you know Sandra for her infectious enthusiasm and friendly demeanor. It goes without saying that we will miss her hard work for the REF and cheerful disposition. We wish Sandra success in all her future endeavours and thank her for her wonderful contributions to the REF and the College.

## The Research and Education Foundation's "Imagine if" campaign enters phase II

During the past decade, through the generosity of donors, the REF has funded hundreds of awards, grants, and scholarships. These have supported the research and continuing education initiatives of family physicians, clinicians, researchers, and teachers, as well as family medicine residents and medical students from all parts of the country. "Imagine if" every CFPC member were to contribute \$25 or more to the REF to support family physicians in meeting the changing needs of their communities.

The REF is asking each CFPC member to donate to the "Imagine if" campaign. Please help the REF make a big difference in family medicine. The REF is the only registered charity in Canada that represents and raises precious funds for family medicine research and education.

Make a donation now. A tax receipt will be issued electronically for donations of \$25 or more. To donate visit [www.cfpc.ca/Imagine](http://www.cfpc.ca/Imagine). Thank you for supporting the REF and making a difference in family medicine!

## Shhhhhh – it's hard to keep quiet about the 2010 REF silent auction

What started out as a small event in 2004 is booming in 2010. This year's Family Medicine Forum promises to host the largest REF silent auction ever. This is mostly thanks to our REF's Board members who have not only made substantial contributions of items, but have also challenged members of the CFPC's Board of Directors to join them in donating. Stethoscopes, iPods, tool sets, gift baskets, sports memorabilia, and a range of items in a variety of price categories will be available for auction. This year we will do something new. We will close auctions on each day of the Forum. Be sure to visit us and join in the excitement at the College Square exhibit!



### "Walk for the Docs of Tomorrow"

6th Anniversary Walk

Saturday, October 16, 2010

7am – 8am

5K walk, 10K run

Vancouver Convention Centre

Follow us on Twitter

<http://twitter.com/WalkforDocs>

General Mills Canada is the "Finish Line" Sponsor of the 2010 Walk for the Docs of Tomorrow.

Family Medicine  
**2010**  
FORUM  
en médecine familiale  
VANCOUVER

Estate, Will  
and  
Charitable Gift  
Planning Seminar

Friday, October 15  
12:30pm – 1:30pm

Family physicians need to plan for their families, as well as plan for their family practice.

This session will address issues such as wills, executor appointments, use of trusts, and tax effective charitable planning.

Partners is the newsletter of the Research and Education Foundation of The College of Family Physicians of Canada.

COMMENTS?

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